

DISPENSATION CHECKLIST

In line with the dispensation Rules and Regulations, below is a checklist of information required for submission. A minimum of two statements are required for any application, these statements should incorporate the details requested.

Part A: Medical

The player has a long term medical condition and or disability affecting their ability to participate

within their appropriate age group, please ensure supporting information has been provided by a medical professional which;
☐ Identifies the player's long term medical condition or disability,
\Box Identifies the particular characteristics of the above which are relevant to seeking dispensation to play outwith the player's own age group.
\square Explains why this would place the player at a significant disadvantage over peers
\square Explains why playing the year group above (play up) or below (play down) would reduce the disadvantage caused by the medical condition or disability.
$\hfill\square$ Explains why playing an age group above or below would not endanger other children
\square The application form has been submitted by the club secretary or child wellbeing officer.
Part B: Rural/Geographical
The player lives in a rural location, please ensure the following supporting evidence has been provided;
☐ Current home address
\square Name of the team, they are looking to join
□ Name of the nearest age-appropriate team
☐ Confirmation of the club training venue, address and postcode.
$\hfill\square$ Explains why playing an age group above or below would not endanger other children
\square The application form has been submitted by the club secretary or child wellbeing officer.
Part C: Player Development Play up (16s and 18s)
The player has exceeded the technical, and tactical skill level of their appropriate age group, please ensure the following supporting evidence has been provided;
\Box An overview of the skill level of the player in comparison to the skill level of players within their age group.
☐ Detail in relation to coaching strategy for the player to meet skill level of their age group in future.

□ Detail in relation to Well-being strategy for the player to integrate with players outwith their age in dressing rooms, and team meeting.
\square The application form has been submitted by the club secretary or child wellbeing officer.
Part D: Player Development Play Down (16s and 14s)
The player falls below the technical, tactical skill level of their appropriate age group, please ensure the following supporting evidence has been provided;
\Box An overview of the skill level of the player in comparison to the skill level of players within their age group.
☐ Detail in relation to coaching strategy for the player to meet skill level of their age group in future.
☐ The application form has been submitted by the club secretary or child wellbeing officer.